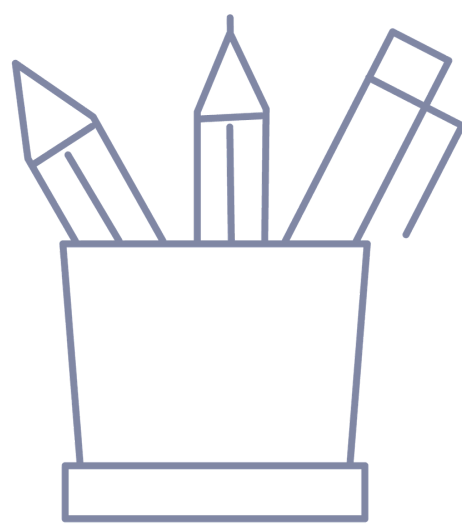


4 TIPS to *Successfully* Work from Home

GLYMEDPLUS®



Choose a Dedicated Workspace



Having a designated area will increase your productivity and remove distractions.

Create clear boundaries and expectations for yourself and others, especially your kids.

Create a Daily Plan

Having a plan will set your day up for success! It is the roadmap to achieving your goals and creating an ideal outcome during your time at home.



Maintain your Daily Routine



Maintaining a set schedule will help you hit the ground running once you can begin treatments again and give you a sense of normalcy.

Communicate!

Actively reach out to your clients and let them know where they can find you on social media, how they can still purchase products from your REGEN Retail Store, and that you are able to do virtual consultations over the phone!

