

ROSACEA GLOW

Regimen

glymed+

Recommended Treatment Time: 10 Minutes

Description:

Bring the calm home with a regimen that mirrors the soothing benefits of your spa treatment. Powered by CBD, it helps quiet redness, reduce reactivity and restore comfort to rosacea-prone skin—so it stays balanced, hydrated and glowing long after you leave the spa.

For questions, contact your skincare professional.

MORNING

- 01** Cleanse with Illuminating Cleansing Oil. Dispense 1 – 2 pumps to dry hands and gently massage onto dry skin using circular motions. Add a small amount of water to emulsify, then continue massaging until the cleanser turns milky. Rinse thoroughly with lukewarm water and pat your skin dry.
- 02** Dispense a few drops of the Revitalizing Essence into your palms and gently press it onto the skin. Promote and maintain healthy skin with Daily Skin Clarifier, CBD Soothing Serum and Restoring Fulvic Elixir. Dispense each serum into your palms and apply it to the face, neck and décolleté.
- 03** Balance and moisturize with Age Delay Cream and Rosacea Relief. Dispense 1 pump of each into your palms and apply it to the face, neck and décolleté. Do not neglect the eyes; apply a grain-size amount of CBD Regenerative Eye Cream to the entire eye area and massage until it is absorbed.
- 04** Protect the skin from UV rays and free radical damage with Pure Glow SPF 60 Oil. Apply a pea-size amount to the face, neck, décolleté and any other areas exposed to UVA/UVB rays. Reapply every two hours as needed for maximum protection.

EVENING

- 01** Perform the first cleanse with Illuminating Cleansing Oil. Dispense 1 – 2 pumps to dry hands and gently massage onto dry skin using circular motions. Add a small amount of water to emulsify, then continue massaging until the cleanser turns milky. Rinse thoroughly with lukewarm water and pat your skin dry.
- 02** Perform the second cleanse with Idyllic Cleanser. Dispense 1 pump into your palms and emulsify it with water to create foam. Massage it onto the skin for 1 – 2 minutes, avoiding the eye area, then rinse with warm water.
- 03** Dispense a few drops of the Revitalizing Essence into your palms and gently press it onto the skin. To promote and maintain healthy skin, dispense CBD Soothing Serum, Daily Skin Clarifier and Restoring Fulvic Elixir into your palms and apply it to the face, neck and décolleté.
- 04** Balance and moisturize with Age Delay Cream and Rosacea Relief. Dispense 1 pump of each into your palms and apply it to the face, neck and décolleté. Do not neglect the eyes; apply a grain-size amount of CBD Regenerative Eye Cream to the entire eye area and massage until it is absorbed.

DURING the WEEK

Once a week, in the evening after the second cleanse, apply Mattifying Sulfur Masque to the face, neck and décolleté for 5 – 10 minutes. Rinse with tepid water. Finish the remaining steps.