

BRILLIANT GLOW

Regimen

glymed⁺

Recommended Treatment Time: 10 Minutes

Description:

True pigment correction works best with daily consistency. This regimen targets hyperpigmentation from every angle—actively fading discoloration while helping prevent new pigment from forming. It helps protect your skin throughout the day and supports renewal overnight. The result is a complexion that progressively grows clearer, brighter and more radiant every day.

For questions, contact your skincare professional.

MORNING

- 01** Cleanse with Illuminating Cleansing Oil. Dispense 1 – 2 pumps to dry hands and gently massage onto dry skin using circular motions. Add a small amount of water to emulsify, then continue massaging until the cleanser turns milky. Rinse thoroughly with lukewarm water and pat your skin dry.
- 02** Mist your skin with Skin Recovery Mist. To promote and maintain healthy skin, dispense Firming Serum and Daily Skin Clarifier into your palms and apply it to the face, neck and décolleté.
- 03** Balance and moisturize with Vitamin C Cream. Dispense it into your palms and apply it to the face, neck and décolleté. Do not neglect the eyes; apply a grain-size amount of CBD Regenerative Eye Cream to the entire eye area and massage until it is absorbed.
- 04** Protect your skin from UV rays and free radical damage with Pure Glow SPF 60 Oil. Apply a pea-size amount to the face, neck, décolleté and any other areas exposed to UVA/UVB rays. Reapply every two hours as needed for maximum protection.

EVENING

- 01** Perform the first cleanse with Illuminating Cleansing Oil. Dispense 1 – 2 pumps to dry hands and gently massage onto dry skin using circular motions. Add a small amount of water to emulsify, then continue massaging until the cleanser turns milky. Rinse thoroughly with lukewarm water and pat your skin dry.
- 02** Perform the second cleanse with Idyllic Cleanser. Dispense 1 pump into your palms and emulsify it with water to create foam. Massage it onto the skin for 1 – 2 minutes, avoiding the eye area, then rinse with warm water.
- 03** Promote and maintain healthy skin with Brilliant Tone and Bio Renewal Serum. Dispense each serum into your palms and apply it to the face, neck and décolleté.
- 04** Balance and moisturize with Vitamin C Cream. Dispense it into your palms and apply it to the face, neck and décolleté. Do not neglect the eyes; apply a grain-size amount of CBD Regenerative Eye Cream to the entire eye area and massage until it is absorbed.

DURING the WEEK

After cleansing in the evening, apply Age Defying Masque to the face, neck and décolleté for 5 – 10 minutes. Rinse with tepid water. Finish the remaining steps. Can be used 2 – 3 times a month.